



PeriOperative chemotherapy or sUrveillance in upper Tract urothelial cancer

SURGERY PATIENT INFORMATION SHEET

We would like to let you know about a research study called “POUT” which you may be invited to take part in following your surgery.

We want to tell you about our study because your doctor has found an abnormality in your kidney or ureter (the tube draining from the kidney into the bladder) and you are due to have surgery because this abnormality is likely to be cancer.

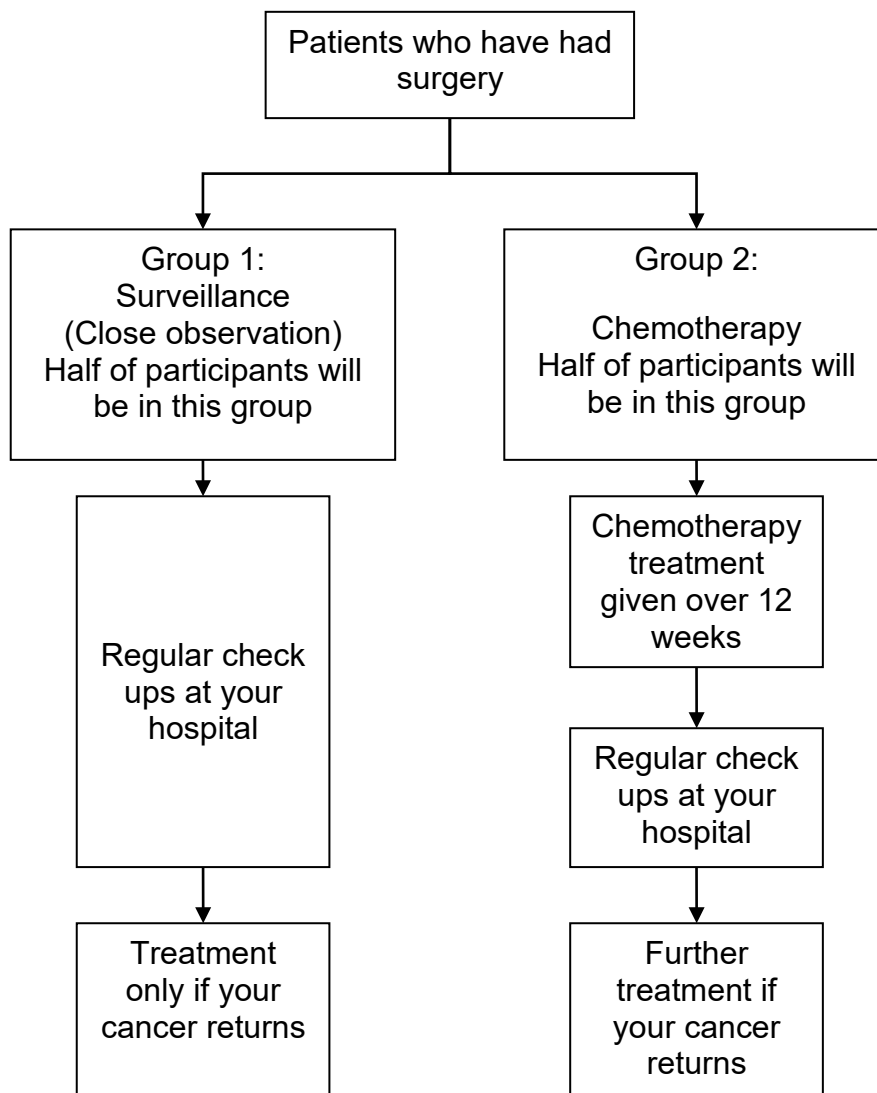
The POUT study will include people with cancer which has grown into the wall of the ureter, the part of the kidney called the renal pelvis, or into the surrounding lymph glands. This is called muscle invasive upper tract urothelial cancer. If it is found after your surgery that you have this, you will be asked whether you are interested in participating in the POUT study.

The POUT study is investigating whether people with upper tract urothelial cancer will benefit from further treatment after surgery. There is evidence that chemotherapy reduces the risk of cancer coming back after surgery for breast and bowel cancer. POUT is the first study that could establish whether chemotherapy works for upper tract urothelial cancer.

In the past, people with this cancer have been treated with surgery followed by close observation (surveillance/frequent check-ups), so that if the cancer comes back, it can be treated. After surgery, patients are usually offered chemotherapy only if the cancer comes back. At this stage, the treatment is often intended to relieve symptoms rather than cure the cancer. The POUT study has been set up to try to find out whether chemotherapy should be given within a few months after surgery to help to prevent the cancer from returning, or whether close surveillance following surgery is the best approach.

In order to compare close surveillance with immediate chemotherapy, we need to divide people who agree to participate in this study into two groups. A diagram to explain the design of the study is overleaf.

POUT Trial diagram



If you might be interested in taking part, please mention the POUT study to your surgeon after your surgery and/or bring this sheet along to follow-up appointments and you will be given more detailed information. You can also ask to see an oncologist now if you would like further information.

Your local POUT specialist is:

Address:

Telephone:

24-Hour Contact Number:

Information on all aspects of cancer care is also available on MacMillan Cancer Support's patient website <http://www.macmillan.org.uk/Home.aspx>.